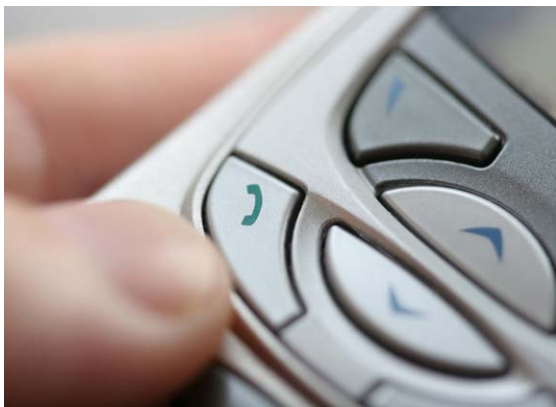


HOLD THE PHONE...DON'T DRIVE AND DIAL!

It is common knowledge that driving after drinking poses a serious danger to the impaired driver and other motorists. However, a recent study from the University of Minnesota found that talking on a cell phone while driving impairs one's ability to drive safely **EVEN MORE** than driving under the influence of alcohol.

If you are driving and need to make a call, wait until you find a place to pull over safely or until you reach your final destination. If making the call is absolutely necessary, remember these safety tips:

- Use speed dial or a hands-free device to place calls.
- Do not take notes or search for phone numbers while driving.
- Never use your phone in bad weather, work zones, heavy traffic or in other hazardous conditions.



Dialing while driving is dangerous!
Pull over safely out of traffic before you dial.

Buckle Up for Safety Behind the Wheel

Here's a startling statistic: In a frontal vehicle collision at 30 mph, an unbelted driver continues to move forward and will hit the windshield at the same velocity that a person would face hitting the ground after falling out of a third-story window.

As you can see, not wearing a safety belt can result in a life-threatening injury if you get into an accident. Remember the following the next time you get behind the wheel:

- **Buckling up is the law!** According to the Federal Motor Carrier Safety Administration, commercial drivers must wear a safety belt or the vehicle cannot be driven.
- State laws also mandate that drivers must buckle up behind the wheel or they may face a citation.
- Follow our simple safety belt policy — buckle up, or don't budge!

Did You Know?

The first cell phone was invented in 1973 by Dr. Martin Cooper, a general manager in the systems division of Motorola. Though AT&T's Bell Laboratories first introduced the idea of a cellular communication device in 1947, Motorola devised the technology first. Who did Dr. Cooper call first on his invention? His professional rival at Bell Laboratories, Joel Engel!