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You're Invited to Breakfast!

PLEASE RESPOND BY APRIL 30th

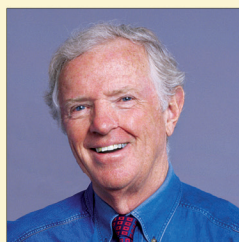


Over half a million copies sold!

DATE: **Friday, May 14, 2010**

TIME: **7:30 a.m. - 9:30 a.m.**

LOCATION: **Wayzata Country Club**



CHRIS CROWLEY

NEW YORK TIMES BEST-SELLING AUTHOR

Younger Next Year

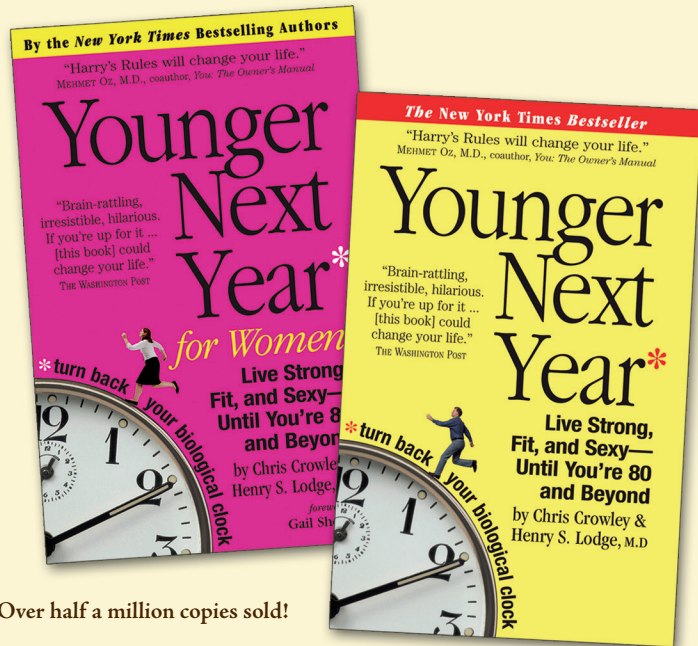
Turn back your biological clock!

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Younger Next Year



Over half a million copies sold!

JOIN US FOR A BREAKFAST SEMINAR

Friday, May 14, 2010

7:30 a.m. Continental Breakfast Served

8:00-9:30 a.m. Seminar

Speaker: Chris Crowley

Co-author of best-selling *Younger Next Year*

Wayzata Country Club

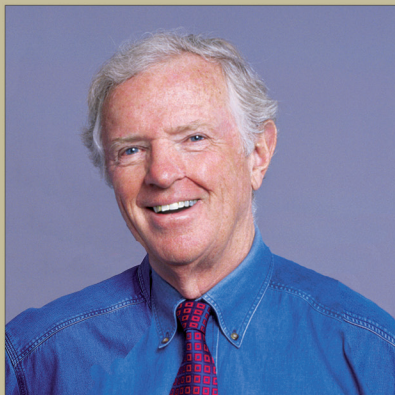
200 Wayzata Boulevard West

Wayzata, MN 55391

**RSVP Required by April 30th
as Space is Limited**

RSVP Online at www.rja.com (click on Insurance Seminars)

Or Contact Jessica Kohl: 952-947-9740 / jkohl@rja.com



GUEST SPEAKER:

Chris Crowley

Co-author of "Younger Next Year"

Chris Crowley is the co-author (with his friend and leading New York City internist, Henry S. Lodge, M.D.) of the New York Times best seller, *Younger Next Year* and the accompanying book for women.

Chris graduated from Exeter (1953), Harvard College (1957) and The University of Virginia Law School (1965). He spent his 25 year professional career at the New York City law firm, Davis Polk & Wardwell, most of it as a partner in litigation (he is still "of counsel" and is kindly given an office but does not practice). He handled the usual run of big securities and antitrust cases and investigations.

He lives with his wife – the portrait painter Hilary Cooper – in New York City, Aspen and Lakeville, Connecticut. He continues to write but also spends a great deal of time traveling the country, lecturing to business and professional groups on the Revolution in Aging, which has been his great passion in recent years.

The books have sold over a half million copies. It may be the best thing ever written about fitness and wellness for the Baby Boom generation. For more on the books, go to www.YoungerNextYear.com

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